More than one-third of the US population has at least one cardiometabolic disorder such as diabetes, dyslipidemia, obesity, or hypertension, with an ever-increasing presence that continues to create major challenges for healthcare providers. Employing aggressive strategies for early identification and comprehensive management of patients presenting with multiple cardiometabolic risk factors is key to stemming the future burden of cardiovascular and metabolic disease.

Now, in its 11th year, the Cardiometabolic Health Congress continues its dedication to translating late-breaking clinical research on cardiometabolic syndrome risk reduction into practical and targeted education that can easily be applied to real-world clinical scenarios.

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**WHY SHOULD YOU ATTEND?**

- **UP TO 27.25** CME/CE CREDITS
- **5** KEYNOTES
- **4** SESSION TOPICS
- **40+** SPEAKERS
- **40+** EXHIBITORS

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Mary K. Iacocca Professor of Medicine  
Harvard Medical School  
Joslin Diabetes Center  

THE GUT MICROBIOME AS A MODIFIER OF INSULIN RESISTANCE AND METABOLIC SYNDROME

PETER LIBBY, MD  
Mallinckrodt Professor of Medicine  
Harvard Medical School  

TRIGLYCERIDES ON THE RISE: SHOULD WE SWAP SEATS ON THE SEESAW?

SUZANNE OPARIL, MD  
Distinguished Professor of Medicine  
University of Alabama  

UPDATE AND CLINICAL IMPLICATIONS OF THE SPRINT TRIAL

STEVEN E. NISSEN, MD, MACC  
Chairman, Department of Cardiovascular Medicine  
Cleveland Clinic  

INTRAVASCULAR ULTRASOUND INSIGHTS INTO THE REGRESSION AND PROGRESSION OF CORONARY ATHEROSCLEROSIS

ROBERT H. ECKEL, MD  
Professor of Medicine, Pediatrics, & Psychology  
Division of Endocrinology, Diabetes & Metabolism  
University of Miami Miller School of Medicine  

THE GUT MICROBIOME AS A MODIFIER OF INSULIN RESISTANCE AND METABOLIC SYNDROME

JAY S. SKYLER, MD  
Professor of Medicine, Pediatrics, & Psychology  
Division of Endocrinology, Diabetes & Metabolism  
University of Miami Miller School of Medicine  
Deputy Director for Clinical & Academic Programs  
Diabetes Research Institute  
Miami, FL  

OBESITY FAT DISTRIBUTION AND CARDIOVASCULAR RISK

CMHC CHAIRPERSONS

TO VIEW FULL FACULTY LISTING  
www.cardiometabolichealth.org/2016/chairfaculty.html
THURSDAY, OCTOBER 6, 2016
CMHC GENERAL SESSIONS
6:30 AM – 8:00 PM

CME Breakfast Symposium
The New Face of Lipid Management for Hypercholesterolemia Patients with Statin Intolerance
Chairperson: Steven E. Nissen, MD, MACC
Presenters: Michael H. Davidson, MD; Robert H. Eckel, MD

CME Breakfast Workshop
Handling the Challenging Cases: Identifying and Managing Hyponatremia in Heart Failure Patients
Michael Emmett, MD, MACP; Stephen Gottlieb, MD

SESSION I. DYSLIPIDEMIA, ATHEROSCLEROSIS AND CARDIOVASCULAR DISEASE RISK REDUCTION

Opening Remarks | 8:00 AM
Christie M. Ballantyne, MD

Late – Breaking Clinical Trials and FDA Update
Moderator: Christie M. Ballantyne, MD
Panelists: Deepak L. Bhatt, MD, MPH; Robert H. Eckel, MD; Keith C. Ferdinand, MD; Jay S. Skyler, MD

Keynote Session
Triglycerides on the Rise: Should We Swap Seats on the Seesaw?
Peter Libby, MD

Morning Break/Meet the Experts – Exhibit Hall

Lipid-Modifying Therapies 2016: What You Need to Know
Christie M. Ballantyne, MD

Challenging Lipid Cases, Panel Discussion, and Q&A
Moderator: Christie M. Ballantyne, MD
Panelists: Robert H. Eckel, MD; Pam Morris, MD

CME Lunch Symposium
New Developments in Insulin Therapy: Expert Insights in Individualizing Treatment
Chairperson: Bernard Zinman, MD
Presenters: Anne L. Peters, MD; Athena Philis-Tsimikas, MD; Jean-François Yale, MD

CME Lunch Symposium
Patient-focused LDL-C Management and Risk Reduction in Clinical Practice: The Utility of PCSK9 Inhibitors
Chairperson: Christie M. Ballantyne, MD
Presenters: Henry A. Ginsberg, MD; Michael J. Koren, MD; James A. Underberg, MD

Cardiometabolic Challenges: Cases from Clinical Practice
Moderator: Christie M. Ballantyne, MD
Panelists: George L. Bakris, MD; Deepak L. Bhatt, MD, MPH; Robert H. Eckel, MD; Jay S. Skyler, MD

Afternoon Break/Meet the Experts – Exhibit Hall

The Latest in Antithrombotic Therapy: The Experts Take Sides
Moderator: Deepak L. Bhatt, MD, MPH
Panelist: Kenneth Mahaffey, MD; Gregg W. Stone, MD

Closing Remarks
Christie M. Ballantyne, MD

Welcome Reception/Meet the Experts – Exhibit Hall

Exhibitor Showcase Closes – Exhibit Hall

Non-CME Session
Widespread Lack or Loss of Adipose Tissue and Metabolic Abnormalities – Could it Be Generalized Lipodystrophy?
Sponsored by Aegerion Pharmaceuticals, Inc.

Non-CME Session
Pure EPA: Mechanism and Clinical Data
Sponsored by Amarin Pharma, Inc.

CME Dinner Symposium
Managing Inflammation: A Novel Approach for Secondary Prevention of CVD Risks
Chairperson: Christie M. Ballantyne, MD (Chair)
Presenters: Peter Libby, MD; Paul M. Ridker, MD

PROGRAM AGENDA

WEDNESDAY, OCTOBER 5, 2016
CMHC GENERAL SESSIONS
9AM – 8:30 PM

Capital – What Healthcare Professionals Need to Know About Money (workshop registration fees apply)
David Joyce MD, MBA; Paul A. Gurny, MBA, MS

Leadership and Management For Healthcare Professionals (workshop registration fees apply)
David Joyce MD, MBA; Paul A. Gurny, MBA, MS

Non – CME Lunch Symposium
Insights on Repatha® (evolocumab): A Clinical Perspective
Yehuda Handelsman, MD, FACP, FACE, FNLA
Sponsored by Amgen, Inc.

Non-CME Session
CME Workshop
A Wolf in Sheep’s Clothing: Diagnostic and Treatment Challenges of Rare Lipid Disorders
James A. Underberg, MD

OPENING SESSIONS | 4:00 PM
Christie M. Ballantyne, MD; Robert H. Eckel, MD; Jay S. Skyler, MD

Keynote Session
Intravascular Ultrasound Insights into the Regression and Progression of Coronary Atherosclerosis
Steven E. Nissen, MD, MACC

Non – CME Session
Non – CME Dinner Reception
Examining Options to Go Further in the Treatment of Adults with T2DM
Sponsored by Janssen Pharmaceuticals, Inc.

CME Symposium
Nutritional Interventions in Clinical Practice: What Every Provider Needs to Know
Stephen Devries, MD, FACC
SESSION II: HYPERTENSION, CARDIO–RENAL, HEART FAILURE

Opening Remarks | 8:00 AM
George L. Bakris, MD

Keynote Session
Update and Clinical Implications of the SPRINT Trial
Suzanne Oparil, MD

Patient Case Discussion: SPRINT Slowly to Lower BP in Everyone
Moderator: George L. Bakris, MD
Panelists: Paul Muntner, PhD; Clyde W. Yancy, MD

Heart Failure in the Context of SPRINT: What Has Changed?
Clyde W. Yancy, MD

Morning Break/Meet the Experts – Exhibit Hall
SGLT2s: Should They Be Second Line Therapy?
George L. Bakris, MD

Panel Discussion and Q&A: Case Consults in Hypertension
Moderator: George L. Bakris, MD
Panelists: Keith C. Ferdinand, MD; Suzanne Oparil, MD; Clyde W. Yancy, MD

CME Lunch Symposium
Evolving Therapeutic Paradigms for the Management of Hyperkalemia9
Chairperson: Rajiv Agarwal, MD; Joanne Lindenfeld, MD; Robert Toto, MD

CME Lunch Workshop
New Frontiers in the Prevention and Management of Heart Failure10
Chairperson: Clyde W. Yancy, MD
Panelists: Javed Butler, MD, MPh; Keith C. Ferdinand, MD; Joel Kahn, MD

SESSION III. DIABETES MANAGEMENT

Opening Remarks
Jay S. Skelley, MD

Keynote Session
The Gut Microbiome as a Modifier of Insulin Resistance and Metabolic Syndrome
C. Ronald Kahn, MD

CV Outcomes Trials and Diabetes
Jay S. Skelley, MD

Afternoon Break/Meet the Experts – Exhibit Hall
Insulin Therapy Options: What’s in Store for 2017?
Irl Hirsch, MD

Non-insulin Therapy Options: A Look Ahead for 2017
Robert E. Ratner, MD

Panel Discussion and Q&A: Case Consults in Diabetes
Moderator: Jay S. Skelley, MD
Panelists: George L. Bakris, MD; Robert H. Eckel, MD; Irl Hirsch, MD; Robert E. Ratner, MD

Implications of Recent Trials on Management of Diabetes: Should the Algorithms be Changed?
Moderator: Jay S. Skelley, MD
Panelists: Christie Ballantyne, MD; George L. Bakris, MD; Robert H. Eckel, MD; Irl Hirsch, MD; Robert E. Ratner, MD

Closing Remarks
Jay S. Skelley, MD

Networking Reception/Meet the Experts – Exhibit Hall
CME Dinner Symposium or Non-CME Session
NEW THIS YEAR: Call for Patient Cases!

This activity is certified as Knowledge based CPE. Attention Certified Diabetes Educators. The 11th Annual Cardiometabolic Health Congress (CMHC) is accredited by Medical Education Resources (MER). MER is accredited by the ACCME, ANCC, ACPE, and the CDR to provide continuing medical education for physicians.

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Medical Education Resources designates this live activity for a maximum of 27.25 AMA PRA Category 1 Credits ™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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The 11th Annual Cardiometabolic Health Congress is calling for healthcare practitioners to submit a challenging patient case in the following areas:

- DYSPLIPIDEMIA
- CARDIOVASCULAR DISEASE
- HYPERTENSION
- HEART FAILURE
- TYPE 2 DIABETES
- OBESITY MANAGEMENT

Selected cases (2 to 3) will be discussed by our expert faculty during each of the 4 session tracks during the 11th Annual CMHC. Participants who submit a case will earn a discounted registration rate ($200 OFF) to the meeting; participants whose case is selected will earn FREE registration and acknowledgment from the presenting faculty.

www.cardiometabolichealth.org/case-study-form.html

†This discount cannot be applied to previous registrations associated with other pricing discounts

TARGET AUDIENCE & LEARNING OBJECTIVES
The CMHC is designed for advanced level clinicians responsible for the prevention, diagnosis, and management of cardiometabolic risk.

At the end of the congress, participants will be able to:

- Explain the interrelationships among the various cardiometabolic risk factors, their impact on cardiovascular health, and their common comorbidities.
- Translate evidence based strategies for prevention, screening, and treatment of cardiometabolic risk factors and their comorbidities to their clinical practice.
- Identify which interventions, including lifestyle changes and various drugs in combination, are most appropriate for particular patients based on their risk profiles.
- Identify how novel and emerging therapies can be integrated into clinical practice to reduce morbidity and mortality from cardiovascular and metabolic disease.

EDUCATIONAL GRANT SUPPORT
The 11th Annual CMHC general sessions are supported in part by educational grants from Amgen, AstraZeneca, and Pfizer. Please continue to check online for updates.

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