

14th Annual CMHC Agenda

Thursday, October 10, 2019 | Pre-Conference Cardiometabolic Tech Summit

Start	End	Min	Session	Faculty
11:00 AM	11:10 AM	10	Opening Remarks	Chair: Anne L. Peters, MD
11:10 AM	11:30 AM	20	An Introduction to Big Data and Its Role in Cardiometabolic Health	Eric D. Peterson, MD
11:30 AM	11:50 AM	20	When is Genetic Testing Useful in Cardiometabolic Medicine	Elizabeth M. McNally, MD, PhD
12:05 PM	1:05 PM	60	PME Lunch Symposium (Non-CME) Reviewing A1C and Cardiovascular Safety Data in T2D Therapies <i>Sponsored by Novo Nordisk.</i>	Joshua M. Stolker, MD
1:20 PM	2:05 PM	45	Real-World Evidence in Cardiometabolic Health	Lawrence Blonde, MD Moderator: Anne L. Peters, MD
2:05 PM	2:15 PM	10	Expert Panel Discussion and Q & A	Panel: Eric D. Peterson, MD; Elizabeth M. McNally, MD, PhD; Lawrence Blonde, MD
2:15 PM	2:25 PM	10	<i>mini-break</i>	
2:25 PM	2:40 PM	15	New Generation Engagement: The New Frontier	Patrick Wayte
2:40 PM	3:10 PM	30	Moving Beyond A1C: Diabetes Devices and Their Clinical Use	Anne L. Peters, MD
3:10 PM	3:40 PM	30	Wearables and Digital Health in Arrhythmia Management: Where Are We Headed?	Mintu Turakhia, MD Moderator: Anne L. Peters, MD
3:40 PM	4:00 PM	20	Expert Panel Discussion and Q & A	Panel: Mintu Turakhia, MD; Patrick Wayte
4:00 PM	4:15 PM	15	<i>mini-break</i>	
4:15 PM	5:15 PM	60	PME Light Bites (Non-CME) Cardiovascular Patient Cases <i>Sponsored by Amgen, Inc.</i>	Eliot A. Brinton, MD
5:20 PM	6:20 PM	60	PME Light Bites (Non-CME) Cardiovascular Patient Cases <i>Sponsored by Amarin Pharma, Inc.</i>	George Grunberger, MD
6:30 PM	7:30 PM	60	PME Dinner Symposium (Non-CME) Jardiance® (empagliflozin) tablets: Data from the comprehensive clinical development program <i>Sponsored by Boehringer-Ingelheim.</i>	James H. O'Keefe, MD

14th Annual CMHC Agenda

Friday, October 11, 2019 | Session I: Diabetes

Start	End	Min	Session	Faculty
6:30 AM	7:45 AM	75	CME Breakfast Symposium A Addressing the Unmet Need of Diabetic Kidney Disease Progression: Beyond SGLT-2 Inhibitors and GLP-1 Ras <i>Supported by an educational grant from Bayer HealthCare Pharmaceuticals Inc.</i>	Chair: George L. Bakris, MD Faculty: Rajiv Agarwal, MD; Ileana L. Piña, MD, MPH
7:55 AM	8:00 AM	5	Opening Remarks	Christie M. Ballantyne, MD
8:00 AM	9:30 AM	90	FDA Update and Late Breaking Trials	Christie M. Ballantyne, MD; Deepak L. Bhatt, MD, MPH; Robert H. Eckel, MD; Keith C. Ferdinand, MD; Jay S. Skyler, MD
9:30 AM	10:15 AM	45	Keynote GLP-1 agonists: investigating the pleiotropic effects for cardio renal protection; What are the potential mechanisms involved?	Daniel J. Drucker, MD
10:15 AM	11:15 AM	60	<i>Morning Break & Exhibits</i>	
11:15 AM	12:05 PM	50	Lifestyle Interventions for Prevention of Diabetes and the Metabolic Syndrome	Edward S. Horton, MD
12:20 PM	1:35 PM	75	CME Lunch Symposium A Reducing Cardiovascular Risk: A Paradigm Shift in T2DM Management <i>Supported by an educational grant from Novo Nordisk.</i>	Chair: Robert H. Eckel, MD Faculty: Lawrence Blonde, MD; Tracy Y. Wang, MD
1:45 PM	2:25 PM	40	Navigating Insulin Management in Patients with T2DM	Irl B. Hirsch, MD
2:25 PM	3:25 PM	60	<i>Afternoon Break & Exhibits</i>	
2:30 PM	3:15 PM	45	Workshop 2 Navigating Insulin Access and Cost	Irl B. Hirsch, MD
3:25 PM	4:05 PM	40	What to Choose? Initial Combination Therapy versus Sequential Therapy	Julio Rosenstock, MD
3:25 PM	4:05 PM	40	Workshop 3 Progresses and Challenges in Obesity Pharmacotherapy	W. Timothy Garvey, MD Chair: Jay S. Skyler, MD
4:05 PM	5:20 PM	75	Multidisciplinary Case Consults in Diabetes Management	Panelists: George L. Bakris, MD; Christie M. Ballantyne, MD; Robert H. Eckel, MD; Irl B. Hirsch, MD; Julio Rosenstock, MD; Virginia Valentine, APRN-CNS, BC-ADM, CDE, FADE
4:10 PM	5:00 PM	50	Workshop 4 Navigating the Prior Authorization Process	Kim K. Birtcher, PharmD
5:25 PM	6:25 PM	60	Welcome Reception	
6:30 PM	7:30 PM	60	PME Dinner Symposium (Non-CME) Understanding the Clinical Implications of Heart Failure and Renal Dysfunction in Your Patients With Type 2 Diabetes <i>Sponsored by AstraZeneca.</i>	Peter A. McCullough, MD, MPH

14th Annual CMHC Agenda

Saturday, October 12, 2019 | Session II: Lipids

Start	End	Min	Session	Faculty
6:30 AM	7:45 AM	75	CME Breakfast Symposium A The Potassium Dilemma in HF and CKD: Challenges and Advancements in the Management of Hyperkalemia <i>Multi-supported by educational grants from AstraZeneca and Relypsa, Inc.</i>	Chair: George L. Bakris, MD Faculty: Peter A. McCullough, MD, MPH; Biff F. Palmer, MD; Matthew R. Weir, MD
7:55 AM	8:00 AM	5	Opening Remarks	Christie M. Ballantyne, MD
8:00 AM	8:30 AM	30	Guidelines and Gaps in Lipid Management	Roger S. Blumenthal, MD
8:30 AM	9:00 AM	30	Treatment of High-Risk Patients with CVD and Elevated TGs: REDUCE-IT and Beyond <i>Supported by an educational grant from Amarin Pharma, Inc.</i>	Deepak L. Bhatt, MD, MPH
9:00 AM	10:00 AM	60	Challenging Lipid Management Cases: Addressing the Gaps	Chair: Christie M. Ballantyne, MD Panelists: Kim K. Birtcher, PharmD; Leslie Cho, MD; Robert H. Eckel, MD; Margo Minissian, PhD, ACNP
9:10 AM	9:50 AM	40	Workshop 5 Biomarkers in CVD - Global CVD Risk Assessment	Amit V. Khera, MD
10:00 AM	11:00 AM	60	<i>Morning Break & Exhibits</i>	
10:05 AM	10:45 AM	40	Workshop 6 Statin Intolerance	Leslie Cho, MD
11:00 AM	11:20 AM	20	Updates in Lp(a)	Patrick M. Moriarty, MD, FACC, FACP
11:20 AM	11:40 AM	20	Role of Genetic Risk Scores for the Prevention of Cardiometabolic Disease	Amit V. Khera, MD
11:40 AM	11:45 AM	5	Closing Remarks	Christie M. Ballantyne, MD
12:00 PM	1:15 PM	75	CME Lunch Symposium A Challenges and Advances in the Diagnosis and Management of Heart Failure with Preserved Ejection Fraction <i>Multi-supported by educational grants from Abbott and Novartis Pharmaceuticals Corporation.</i>	Chair: Mariell Jessup, MD, FAHA Faculty: Javed Butler, MD, MPH, MBA; Alanna A. Morris, MD; Ileana L. Piña, MD, MPH
12:00 PM	1:15 PM	75	CME Lunch Symposium B Advances in Iron Repletion Therapy: Addressing the Burden of Iron Deficiency in Patients with Heart Failure to Improve Outcomes and Quality of Life <i>Supported by an educational grant from American Regent.</i>	Chair: Peter A. McCullough, MD, MPH Faculty: Biykem Bozkurt, MD; Andy Y. Lee, MD; Gurusher S. Panjra, MD

14th Annual CMHC Agenda

Saturday, October 12, 2019 | Session III: HTN/HF

Start	End	Min	Session	Faculty
1:25 PM	1:30 PM	5	Opening Remarks	George L. Bakris, MD
1:30 PM	2:15 PM	45	Hypertension: Integrating the Guidelines and Addressing the Gaps	Chair: George L. Bakris, MD Panelists: Aldo Peixoto, MD; Raymond R. Townsend, MD; Michael A. Weber, MD
2:15 PM	3:15 PM	60	<i>Afternoon Break & Exhibits</i>	
2:25 PM	3:10 PM	45	Workshop 7 When Do You Use Ambulatory BP Monitoring?	Raymond R. Townsend, MD
3:15 PM	3:55 PM	40	SGLT2 Inhibitors and Renal Preservation	George L. Bakris, MD
3:55 PM	4:25 PM	30	Role of Metabolic Syndrome in HFpEF	Mariell Jessup, MD, FAHA
4:25 PM	5:05 PM	40	Updates in HF and T2DM	Javed Butler, MD, MPH, MBA
4:30 PM	5:10 PM	40	Workshop 8 The Role of Potassium-Binding Agents in Optimizing HF Guidelines	Ileana L. Piña, MD, MPH
5:05 PM	5:10 PM	5	Closing Remarks	George L. Bakris, MD
5:20 PM	6:20 PM	60	Happy Hour	
6:30 PM	7:15 PM	45	PME Light Bites (Non-CME) Understanding CKD in T2D: The Risks, Recognition, and Clinical Management <i>Sponsored by Bayer.</i>	Peter A. McCullough, MD, MPH; Luiza Caramori, MD
7:20 PM	8:35 PM	75	CME Dinner Symposium Managing LDL-C to Reduce ASCVD Risk: Recent Advancements and Strategies to Optimize Patient Outcomes <i>Multi-supported by educational grants from Sanofi US and Regeneron Pharmaceuticals and Esperion.</i>	Chair: Christie M. Ballantyne, MD Faculty: Leslie Cho, MD

14th Annual CMHC Agenda

Sunday, October 13, 2019 | Session IV: Obesity/Lifestyle

Starts	End	Min	Session	Faculty
7:15 AM	7:50 AM	35	Breakfast	
7:55 AM	8:00 AM	5	Opening Remarks	Robert H. Eckel, MD
8:00 AM	8:45 AM	45	Nutrition Beats Attrition: The Low Hanging Fruit for Cardiometabolic Health	Stephen Devries, MD
8:45 AM	9:15 AM	30	Updates on Leptin and Obesity	Martin Myers, MD, PhD
9:15 AM	9:45 AM	30	Mechanism for Benefit of Metabolic Surgery	Lee M. Kaplan, MD, PhD
9:45 AM	10:15 AM	30	Lifestyle Approaches to Weight Reduction - Challenges Before Us	Holly R. Wyatt, MD
10:15 AM	10:25 AM	10	<i>mini-break</i>	
10:25 AM	11:05 AM	40	Mechanisms of Obesity and Hypertension	George L. Bakris, MD John E. Hall, PhD
11:05 AM	11:45 AM	40	NASH in a Dash	Christos S. Mantzoros, MD, DSc Chair: Robert H. Eckel, MD
11:45 AM	12:45:00	60	Multidisciplinary Case Consults in Obesity/Lifestyle	Panelists: George L. Bakris, MD; Shannon Christen, RD, CDE; Holly R. Wyatt, MD
12:45 PM	12:50 PM	5	Closing Remarks	Robert H. Eckel, MD