AGENDA
FRIDAY, AUGUST 7

7:00 - 8:15 AM  SUNRISE CME SYMPOSIUM
Challenging the Status-Quo: Cardiorenal Protection with SGLT-2 Inhibitors in T2DM and Beyond– Expert Debate and Discussions
Chair: George L. Bakris, MD
Faculty: Robert H. Eckel, MD; Stephen D. Wiviott, MD, FACC
Supported by an educational grant from AstraZeneca.

SESSION I: OBESITY & LIFESTYLE MEDICINE

Note all sessions are in Pacific Daylight Time (PDT)

8:20 - 8:25 AM  Chair Introduction and Opening Remarks
Robert H. Eckel, MD

8:25 - 8:45 AM  Exercise: A Practical Approach
John M. Jakicic, PhD

8:45 - 9:05 AM  Challenges and Advances in Obesity Pharmacotherapy
Ken Fujioka, MD

9:05 - 9:25 AM  The Spectrum of NAFLD and NASH: What the Primary Care Clinician, Endocrinologist, and Cardiologist Should Know
Christos S. Mantzoros, MD, DSc

9:25 - 9:55 AM  KEYNOTE
The Practical Management of Obesity
Robert F. Kushner, MD

9:55 - 10:25 AM  Virtual Exhibit Hall Break

10:25 – 10:30 AM  Introduction: Expert Debates in Nutrition
Robert H. Eckel, MD

10:30 – 11:10 AM  Part I: Digging Through Nutritional Controversies in Cardiometabolic Health
Monica Aggarwal, MD, FACC; Ronald Krauss, MD; Alice H. Lichtenstein, D.Sc.

11:10 – 11:30 AM  Part II: Panel Discussion and Q&A
Chair: Robert H. Eckel, MD
Panelists: Monica Aggarwal, MD, FACC; Ronald Krauss, MD; Alice H. Lichtenstein, D.Sc.

11:30 AM  Closing Remarks
Robert H. Eckel, MD

11:30 – 11:45 AM  Refresh and Recharge

11:45 AM – 12:45 PM  Virtual PME Symposium (Non-CME)
Pam R. Taub, MD
Sponsored by Boehringer-Ingelheim.

12:45 – 1:00 PM  7th Inning Stretch
SESSION II:
DIABETES MANAGEMENT

Note all sessions are in Pacific Daylight Time (PDT)

1:00 - 1:05 PM  Chair Introduction
                Robert H. Eckel, MD

1:05 - 1:30 PM  Metabolic Surgery: Beyond Weight Control- Its Role in Diabetes Remission
                Robert E. Ratner, MD

1:30 - 1:55 PM  Prediabetes: How Can We Delay the Progression to Diabetes - Implications for Frontline Clinicians
                Leigh Perreault, MD

1:55 - 2:20 PM  Type 2 Diabetes in Children and Young Adults – Lessons from the RISE Studies
                Steven Kahn, MB, ChB

2:20 - 2:50 PM  Type 2 Diabetes Management When Cost and Access Are an Issue: a 2020 Update
                Robert E. Ratner, MD

2:50 - 3:20 PM  Virtual Exhibit Hall Break

3:20 - 3:40 PM  Intensive Glucose Control for T2DM: A 2020 Update
                Athena Philis-Tsimikas, MD

3:40 - 4:10 PM  Translating Evidence to Practice Debate: Which Comes First, GLP-1 RAs or SGLT-2 Inhibitors in Patients with T2D and Cardiovascular Disease?
                Vanita Aroda, MD; Tracy Y. Wang, MD

4:10 - 4:45 PM  Expert Panel Discussion and Q&A
                Chair: Robert H. Eckel MD
                Panelists: Vanita Aroda, MD; Steven Kahn, MB, ChB; Athena Philis-Tsimikas, MD; Robert E. Ratner, MD; Tracy Y. Wang, MD

4:45 PM         Closing Remarks
                Robert H. Eckel, MD

SATURDAY, AUGUST 8

7:00 - 8:15 AM  Sunrise CME Symposium

SESSION III:
KIDNEY DISEASE/HEART FAILURE/HYPERTENSION

Note all sessions are in Pacific Daylight Time (PDT)

8:15 - 8:20 AM  Chair Introduction
                George L. Bakris, MD

8:20 - 9:00 AM  Resistant Hypertension: Diagnosis and Management
                John Flack, MD

9:00 - 9:40 AM  Challenging Cases/Issues in Hypertension
                Raymond R. Townsend, MD; Michael A. Weber, MD
9:40 - 10:10 AM  Virtual Exhibit Hall Break
10:10 - 10:40 AM  Advances in the Prevention and Treatment of HF
11:40 - 11:10 AM  Improving Renal Outcomes with SGLT-2 Inhibitors and GLP-1 RAs
                      George L. Bakris, MD
11:10 - 11:35 AM  Expert Panel Discussion and Q&A
                      Moderator: George L. Bakris, MD
                      Panelists: John Flack, MD; Raymond R. Townsend, MD; Michael A. Weber, MD
11:35 - 11:50 AM  Refresh and Recharge
11:50 AM - 12:50 PM  Virtual PME Symposium (Non-CME)
                      Sponsored by Amarin Pharma, Inc.
12:50 - 1:05 PM  7th Inning Stretch

SESSION IV:
DYSLIPIDEMIA/
ATHEROSCLEROSIS/THROMBOSIS

Note all sessions are in Pacific Daylight Time (PDT)

1:05 - 1:10 PM  Chair Introduction
                      Christie M. Ballantyne, MD
1:10 - 1:40 PM  Individualizing Lipid Therapy: From Evidence to Practice
                      Salim S. Virani, MD, PhD, FACC, FAHA
1:40 - 2:00 PM  Statin Drug–Drug Interactions in Cardiovascular Patients: An Underappreciated Issue
                      Barbara S. Wiggins, PharmD, FACC
2:00 - 2:30 PM  Updates in Secondary ASCVD Prevention
                      Christie M. Ballantyne, MD
2:30 - 3:00 PM  Virtual Exhibit Hall Break
3:00 - 3:30 PM  Opportunities for ASCVD Prevention and Treatment in Individuals of South Asian Ancestry
                      Pam R. Taub, MD
3:30 - 4:10 PM  Update on Antiplatelet and Antithrombotic Therapy in the Cardiometabolic Patient
                      Roxana Mehran, MD
4:10 - 4:30 PM  Expert Panel Discussion and Q&A
                      Moderator: Christie M. Ballantyne, MD
                      Panelists: Robert H. Eckel, MD; Roxana Mehran, MD; Pam R. Taub, MD; Salim S. Virani, MD, PhD, FACC, FAHA; Barbara S. Wiggins, PharmD, FACC
4:30 PM  Meeting Closing Remarks
                      Christie M. Ballantyne, MD
4:30 - 4:45 PM  Refresh and Recharge
4:45 - 5:45 PM  Virtual PME Symposium (Non-CME)
SUNDAY, AUGUST 9

COMPLEXITIES IN CARDIOMETABOLIC CARE SUMMIT

Note all sessions are in Pacific Daylight Time (PDT)

7:25 - 7:30 AM  Introduction and Opening Remarks  Robert H. Eckel, MD

7:30 - 8:00 AM  Cardiometabolic Medicine Subspecialty: The Future is Now  Robert H. Eckel, MD

8:00 - 8:30 AM  How Much Prevention Can a Patient Take?  Pamela B. Morris, MD

8:30 - 9:00 AM  Patient-Clinician Story  Martha Gulati, MD

9:00 - 11:00 AM  Tackling the Complexity of Cardiometabolic Care: Challenging Patient Cases & Interactive Panel Discussion  Chair: Robert H. Eckel, MD  Panelists: George L. Bakris, MD; Christie M. Ballantyne, MD; Martha Gulati, MD; Pamela B. Morris, MD

11:00 - 11:05 AM  Closing Remarks  Robert H. Eckel, MD