

## **CME Breakfast Symposium**

### **The Evolution of Insulin Therapy:**

#### **New Developments in Treatment, Technology, and Methods of Administration**

Saturday, October 24, 2015 • 6:30 – 8:00am • Sheraton Boston

*Supported by an educational grant from sanofi US*

### **SYMPOSIUM OVERVIEW**

Many patients with type 2 diabetes are reticent about initiating insulin, so therapies that allow insulin treatment to be more tailored to individual needs are likely to result in greater acceptance and patient adherence with therapy. Insulin treatments are newly available and in development that aim to increase absorption rate, prolong the duration of action, reduce peak variability and weight gain, and offer alternative delivery methods. This symposium will describe the evolution of insulin therapy and explore novel and emerging therapies, new devices for insulin delivery, and novel technology that make monitoring glucose more convenient.

### **LEARNING OBJECTIVES**

Upon completion of these educational activities, participants will be better able to:

- Appraise data on new and emerging insulin formulations, including safety, efficacy, effects on hypoglycemia and nocturnal hypoglycemia, and pharmacological profiles.
- Summarize the clinical rationale and evidence for combining GLP-1 receptor agonists with basal insulin so as to address various underlying pathophysiologic components of type 2 diabetes.
- List two recent insulin delivery advancements and relate how they may overcome common patient barriers.
- Discuss how remote monitoring and mobile technology and applications can support self-management tasks associated with diabetes care.
- Describe how to integrate novel insulin therapies, novel delivery technologies, and monitoring technologies into clinical practice to improve glucose control, reduce risk of weight gain and hypoglycemia, and increase acceptance and adherence for patients.

### **AGENDA & FACULTY**

#### **Welcome and Introductions**

Chairperson: **Anne L. Peters, MD**

#### **The Evolution of Insulin Therapy in Diabetes Mellitus**

Presenter: **Martin J. Abrahamson, MD**

#### **Latest Advances in Insulin Administration and Glucose Monitoring Technology**

Presenter: **Howard A. Wolpert, MD**

#### **Optimizing Insulin Therapy in Practice: Case Studies, Panel Discussion, and Audience Q&A**

Moderator: **Anne L. Peters, MD**

Discussants: **Martin J. Abrahamson, MD; Howard A. Wolpert, MD**

#### **Closing Remarks**

Chairperson: **Anne L. Peters, MD**

*Note: Agenda & Faculty are subject to change.*