

## EXPERT ROUNDTABLE

### CME Breakfast Workshop

#### IMPROVING CVD RISK REDUCTION IN AFRICAN AMERICANS: A CALL TO ACTION

Friday, October 23, 2015 • Sheraton Boston • Presentation: 6:45 - 7:45am

*Supported by an educational grant from Arbor Pharmaceuticals, LLC*

## SYMPOSIUM OVERVIEW

Racial disparity in hypertension and hypertension-related outcomes, including heart failure, has been recognized for decades with African Americans. African Americans develop hypertension and heart failure at an earlier age and experience worse disease severity as compared with whites. Thousands of African Americans with heart failure die needlessly every year due to the nation's failure to treat them to the standard of care. During this unique Expert Roundtable, our faculty will address the processes contributing to heart failure in African Americans, its management, and challenges with regard to disparities. It will serve as a Call to Action urging healthcare professionals to address these disparities by embracing the current standards of care for African Americans with hypertension and heart failure.

## LEARNING OBJECTIVES

- Recognize the increased prevalence of hypertension and heart failure in racial/ethnic minorities, particularly African Americans.
- Identify appropriate situations where African Americans may benefit from initial and continued combination antihypertensive therapy.
- Explore new insights into genetic variants in the African American population and how they may impact treatment response and patient outcomes.
- Develop strategies for the prevention and treatment of hypertension and heart failure in this at-risk patient population.

## AGENDA & FACULTY

### Why Do African Americans Have Higher Rates of Hypertension and Heart Failure?

#### Expert Roundtable Discussion:

Chairperson: **Clyde W. Yancy, MD**

Panel: **Keith C. Ferdinand, MD, Gary Puckrein, PhD**

### Should We Treat Hypertension and Heart Failure in African Americans Differently than Non-Black Patients?

#### Expert Roundtable Discussion:

Chairperson: **Clyde W. Yancy, MD**

Panel: **Keith C. Ferdinand, MD, Gary Puckrein, PhD**

### Improving CVD Risk Reduction in African Americans: A Call to Action

#### Expert Roundtable Discussion:

Chairperson: **Clyde W. Yancy, MD**

Panel: **Keith C. Ferdinand, MD, Gary Puckrein, PhD**

*Note: Agenda and Faculty subject to change.*