

EXPERT ROUNDTABLE

CME Breakfast Workshop

Hypertriglyceridemia – A Neglected CVD Risk Factor: Getting to the Heart of the Matter

Thursday, October 22, 2015 • Sheraton Boston

Presentation: 6:45am - 7:45am

Supported by an educational grant from AstraZeneca

SYMPOSIUM OVERVIEW

Hypertriglyceridemia is associated with increased cardiovascular (CV) risk and, if severe, pancreatitis. The significance of hypertriglyceridemia as a CV risk factor and therapeutic target, however, has been underestimated for many years. During this unique *Expert Roundtable*, our expert faculty will blend debate with discussion in an informal conversation, and address the controversy that persists surrounding elevated triglyceride levels as an independent risk factor for CVD. They will explore differing points of view and perspectives to bring novel science and expert opinion to the forefront of discussion. Additionally, data on genetic influences on hypertriglyceridemia will be reviewed and the evidence on the use of available and novel therapies for managing this high-risk population will be carefully examined.

LEARNING OBJECTIVES

- Explain the etiology and pathophysiology of hypertriglyceridemia as well as its impact on cardiovascular disease (CVD) risk.
- Understand the genetic influences on TG levels and their effects on CVD risk.
- Explain the lipid-altering effects and impact on CV risk of available therapeutic strategies for managing high TG and mixed dyslipidemia, including niacin, fibrates, prescription omega-3 fatty acids, and combination therapies such as omega-3 fatty acids and statins.

AGENDA & FACULTY

Opening Remarks and Introduction

Chairperson: **Christie M. Ballantyne, MD**

Is Hypertriglyceridemia Genetically Influenced?

Expert Roundtable Discussion:

Chairperson: **Christie M. Ballantyne, MD**

Panel: **Henry N. Ginsberg, MD; Michael Miller, MD**

**Managing CV Risk in Patients with High TGs and Mixed Dyslipidemia:
When Lifestyle Intervention Isn't Enough**

Expert Roundtable Discussion:

Chairperson: **Christie M. Ballantyne, MD**

Panel: **Henry N. Ginsberg, MD; Michael Miller, MD**

Audience Question and Answer, Summary and Closing Remarks

Note: Agenda and Faculty subject to change.