Cardiometabolic Health Congress 2007
SEPTEMBER 26 – 29, 2007 · SHERATON BOSTON HOTEL · BOSTON, MA

Discover Insights from the Experts in Cardiometabolic Risk Management!

Distinguished Chairpersons

Christie M. Ballantyne, MD
Baylor College of Medicine

Robert H. Eckel, MD
Univ. of Colorado at Denver and Health Sciences Ctr.

Richard W. Nesto, MD
Harvard Medical School Lahey Clinic Medical Ctr.

Jay S. Skyler, MD
Univ. of Miami Miller School of Medicine

Keynote Presenters

Pre-diabetes
Insulin Resistance
Hypertension

C. Ronald Kahn, MD
Harvard Medical School Joslin Diabetes Ctr.

Valentin Fuster, MD, PhD
Mount Sinai School of Medicine

Dyslipidemia
Obesity
Type 2 Diabetes

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Earn 30.25 CME Credits!

www.cardiometabolichealth.org

This activity is jointly sponsored by HealthScience Media, Inc., and Medical Education Collaborative, Inc. (MEC). MEC is a nonprofit organization that has been certifying quality educational activities since 1988.
Dear Colleague:

Please join us and our distinguished faculty for the 2007 Cardiometabolic Health Congress, taking place September 26–29, 2007, at the Sheraton Hotel in Boston, MA.

The combined impact of obesity, diabetes, and cardiovascular disease is one of the largest health problems we face today. It is critical that physicians and health care providers understand the predictive relationship between metabolic risk, diabetes, and cardiovascular disease, and employ aggressive intervention strategies to prevent and/or delay disease progression.

The 2007 Cardiometabolic Health Congress features world-renowned experts, translating cutting-edge science into practical medical, lifestyle, and surgical approaches to manage the problems associated with obesity, diabetes, and cardiovascular disease.

Our inaugural congress was an unprecedented success – attended by forward-thinking clinicians seeking advanced-level scientific and practical information regarding the prevention and management of diabetes, dyslipidemia, hypertension, obesity, and cardiovascular disease.

If you’ve been looking for a multidisciplinary interactive experience where your clinical knowledge can rise to the next level, attend the 2007 Cardiometabolic Health Congress and participate in an expert-level forum where novel ideas are generated!

We look forward to seeing you in Boston.

Christie M. Ballantyne, MD
Baylor College of Medicine

Robert H. Eckel, MD
University of Colorado at Denver
and Health Sciences Center

Richard W. Nesto, MD
Harvard Medical School

Jay S. Skyler, MD
University of Miami
Miller School of Medicine

“The Cardiometabolic Health Congress is a unique meeting because it brings together a wide array of experts in diabetes, insulin resistance, metabolic syndrome, and cardiovascular disease. Together they focus on translating the latest science into meaningful recommendations for the practicing health professional.”

Henry Ginsberg, MD
PROGRAM OVERVIEW

Patients presenting with multiple cardiometabolic risk factors (including insulin resistance, dyslipidemia, central obesity, hypertension, microalbuminuria, increased inflammation, and oxidative stress) are at triple the risk of experiencing myocardial infarction and/or stroke and double the risk of mortality from these conditions. Each of these risk factors poses a danger to good health, and the more risk factors present, the greater the risk of heart disease and type 2 diabetes.

Therapeutic advances have been gained from antidyslipidemia, antihypertensive, and antidiabetic agents. These treatment regimens are invaluable tools to help reduce the clinical and economic burden imposed by cardiovascular and metabolic disease. However, despite this evidence, cardiovascular disease still remains a major cause of death in the United States and globally – whether due to inappropriate control of diseases such as diabetes mellitus and hypertension, or by emergent risk factors such as abdominal obesity, reduced levels of HDL-C, hypertriglyceridemia, and a higher proportion of small and dense LDL particles, all contributing to cardiovascular risk.

The 2007 Cardiometabolic Health Congress will translate the latest clinical data into practical and effective approaches to identify and manage the approximately 27.6% of the U.S. population at increased cardiometabolic risk. The goal of the congress is to improve patient outcomes through early identification and intervention strategies for patients with, or at risk of developing, diabetes and cardiovascular disease.

LEARNING OBJECTIVES

At the end of the congress, participants will be able to:

- Demonstrate the interrelationship between insulin resistance, dyslipidemia, type 2 diabetes and obesity, and the impact of these factors on cardiovascular health
- Apply strategies for prevention, screening, early detection, and treatment of cardiometabolic risk in clinical practice
- Utilize screening tools, lifestyle change treatment plans, and various drugs in combination to reduce morbidity and mortality associated with cardiometabolic risk
- Discuss the potential role of new therapies for the prevention and management of type 2 diabetes and cardiovascular disease

TARGET AUDIENCE

Advanced-level clinicians responsible for the prevention, diagnosis, and management of type 2 diabetes and cardiovascular disease

“Perfect, well-balanced program—well done!”

“Outstanding conference packed with valuable information to apply to practice.”

“Exceptional meeting with very good content value.”

“Very well organized conference and the moderators kept everything on track—great job!”
Chairpersons and Keynote Presenters

CHAIRPERSONS

Christie M. Ballantyne, MD
Associate Chief and Professor of Medicine
Director, Center for Cardiovascular Disease Prevention
Codirector, Lipid Metabolism and Atherosclerosis Clinic
Baylor College of Medicine

Robert H. Eckel, MD
Professor of Medicine,
Division of Endocrinology, Metabolism, and Diabetes
Division of Cardiology
Professor of Physiology and Biophysics
Charles A. Boettcher II Chair in Atherosclerosis
Program Director, Adult General Clinical Research Center
University of Colorado at Denver and Health Sciences Center
Director, Lipid Clinic, University Hospital

Richard W. Nesto, MD
Associate Professor,
Harvard Medical School
Chair, Department of Cardiovascular Medicine
Lahey Clinic Medical Center

Jay S. Skyler, MD
Professor of Medicine,
Pediatrics, and Psychology
Division of Endocrinology, Diabetes, and Metabolism
University of Miami Miller School of Medicine
Associate Director for Academic Programs, Diabetes Research Institute

KEYNOTE PRESENTERS

The Science Behind Insulin Resistance and Its Impact on Cardiometabolic Risk
C. Ronald Kahn, MD
Professor of Medicine,
Harvard Medical School
President and Director,
Joslin Diabetes Center

Atherosclerosis in Patients with Cardiometabolic Risk:
New Findings Regarding Inflammation and Neovascularization
Valentin Fuster, MD, PhD
Director, Zena and Michael A. Wiener Cardiovascular Institute
Director, Marie-Josée and Henry R. Kravis Center for Cardiovascular Health
Professor of Medicine,
Mount Sinai School of Medicine

“Research in the last 10 years has clearly shown that an elevated glucose level is one of the most important CV risk factors in people both with and without any evidence of diabetes. More than two-thirds of people with a MI have either diabetes, impaired glucose tolerance, or impaired fasting glucose levels.”

Hertzel Gerstein, MD
Discover Insights from the Experts in Cardiometabolic Risk Management!

DISTINGUISHED FACULTY

Martin J. Abrahamson, MD
Harvard Medical School
Joslin Diabetes Center

David E. Cohen, MD
Brigham and Women’s Hospital
Harvard Medical School

Thomas Giles, MD
Tulane University
School of Medicine

Louis J. Aronne, MD
New York Presbyterian Hospital
Weill Cornell Medical College

Paresh Dandona, MBBS
Millard Fillmore Health System
State University of NY at Buffalo

Henry N. Ginsberg, MD
Columbia University
College of Physicians and Surgeons

George Bakris, MD
University of Chicago
School of Medicine

Lawrence M. Dolan, MD
Cincinnati Children’s Hospital
University of Cincinnati College of Medicine

Ronald B. Goldberg, MD
University of Miami
Miller School of Medicine

Deepak L. Bhatt, MD
Cleveland Clinic
Department of Cardiovascular Medicine

John P. Foreyt, PhD
Baylor College of Medicine

David Gonzales, PhD
Oregon Health and Science University

Lawrence Blonde, MD
Ochsner Medical Center

Om P. Ganda, MD
Joslin Diabetes Center

Alan H. Gradman, MD
Temple University
The Western Pennsylvania Hospital

Zachary T. Bloomgarden, MD
Mount Sinai Medical Center

John E. Gerich, MD
University of Rochester
Medical Center

Steven M. Haffner, MD
University of Texas Health Science Center at San Antonio

Sonia Caprio, MD
Yale University
School of Medicine

Hertzel C. Gerstein, MD
McMaster University

Byron Hoogwerf, MD
Cleveland Clinic Foundation

William T. Cefalu, MD
Pennington Biomedical Research Center
Louisiana State University

Garry H. Gibbons, MD
Morehouse School of Medicine

Gökhan Hotamisligil, MD, PhD
Harvard School of Public Health

(continued on next page)
Discover Insights from the Experts in Cardiometabolic Risk Management!

DISTINGUISHED FACULTY

(continued from page 5)

Willa Hsueh, MD
UCLA School of Medicine

Andrew McCullough, MD
New York University Medical Center

Allen M. Spiegel, MD
Albert Einstein College of Medicine

Matthew M. Hutter, MD, MPH
Massachusetts General Hospital

Nancy Houston Miller, RN, BSN
Stanford University School of Medicine

Robert D. Toto, MD
UT Southwestern Medical Center at Dallas

Kenneth A. Jamerson, MD
University of Michigan School of Medicine

Kitt Falk Petersen, MD
Yale University School of Medicine

Scott Urquhart, PA-C
James Madison University Physician Assistant Program

Richard A. Kahn, PhD
American Diabetes Association

Jorge Plutzky, MD
Harvard Medical School Brigham and Women's Hospital

R. Parker Ward, MD
University of Chicago Medical Center

Samuel Klein, MD
Washington University School of Medicine Barnes-Jewish Hospital

Daniel J. Rader, MD
Pennsylvania Cardiac Care at Presbyterian Medical Center

Matthew R. Weir, MD
University of Maryland School of Medicine

Jack Leahy, MD
University of Vermont College of Medicine

Frank M. Sacks, MD
Harvard School of Public Health Brigham and Women’s Hospital

K. Michael Welch, MD
Rosalind Franklin University of Medicine and Science

Lawrence A. Leiter, MD
St. Michael’s Hospital University of Toronto

Michael W. Schwartz, MD
University of Washington School of Medicine

Peter W. Wilson, MD
Emory University School of Medicine

Richard Lifton, MD, PhD
Yale University School of Medicine

Ronald Sigal, MD
University of Calgary

Judith Wylie-Rosett, EdD, RD
Albert Einstein College of Medicine

R. Preston Mason, PhD
Brigham and Women’s Hospital

Steven R. Smith, MD
Pennington Biomedical Research Center Louisiana State University

Bernard Zinman, MD
University of Toronto Mount Sinai Hospital
Wednesday, September 26, 2007
2:00pm – 6:00pm  Registration
6:30pm – 8:30pm  Dinner Symposium
Prandial Insulin and Cardiovascular Risk
Presenters: Lawrence Blonde, MD; William Cefalu, MD; John Gerich, MD

Thursday, September 27, 2007
6:30am – 8:00am  Breakfast Symposium
Cardiometabolic Risk Reduction: Novel Strategies for Achieving Lipid and Glycemic Targets
Presenters: David Cohen, MD; Zachary Bloomgarden, MD; Om Ganda, MD
8:00am – 8:15am  Opening Remarks
Jay Skyler, MD
8:15am – 8:45am  Keynote Presentation
The Science Behind Insulin Resistance and Its Impact on Cardiometabolic Risk
C. Ronald Kahn, MD
8:45am – 9:15am  Pharmacotherapy for the Management of Type 2 Diabetes
Martin Abrahamson, MD
9:15am – 9:45am  Exercise as an Intervention to Reduce Cardiovascular Risk in Patients with Diabetes
Ronald Sigal, MD
9:45am – 10:15am  Nutritional Interventions to Reduce Cardiometabolic Risk
Judith Wylie-Rosett, EdD, RD
10:15am – 10:45am  Morning Break / Exhibit Hall
10:45am – 11:15am  Type 2 Diabetes: Interdicting Disease Progression
Bernard Zinman, MD
11:15am – 11:45am  Preventing the Progression of Atherosclerosis in Type 2 Diabetes
Henry Ginsberg, MD
11:45am – 12:30pm  Diabetes Prevention: Does It Work? Is It Worthwhile?
Moderator: Jay Skyler, MD
Panelists: Hertzel Gerstein, MD; Richard Kahn, PhD; Larry Leiter, MD; Richard Nesto, MD
12:30pm – 1:45pm  Lunch Symposia
Cardiometabolic Risk Management: The Role of Insulin Therapy in Achieving Glycemic Control
Presenters: Paresh Dandona, MBBS; Jack Leahy, MD; Richard Nesto, MD
Advances in Hypertension Management:
The Role of Direct Renin Inhibition in Achieving Blood Pressure Control
Presenters: Alan Gradman, MD; Kenneth Jamerson, MD; Matthew Weir, MD
2:00pm – 2:30pm  Physiologic Mechanisms of Obesity
Samuel Klein, MD
2:30pm – 3:00pm  Is It Visceral or Ectopic Fat Deposition, or Is It Both?
Kitt Falk Petersen, MD
3:00pm – 3:30pm  Afternoon Break / Exhibit Hall
3:30pm – 4:00pm  Effects of Adipose Tissue-Derived Cytokines on Cardiovascular Function and Structure
Gökhan Hotamisligil, MD, PhD
4:00pm – 4:30pm  Pharmacotherapy for Obesity Management: Current Practice and Future Directions
Louis Aronne, MD
4:30pm – 5:00pm  Bariatric Surgery: Patient Selection, Procedure Options, and Outcomes
Matthew Hutter, MD
5:00pm  Closing Remarks
Richard Nesto, MD
5:00pm – 6:30pm  Welcome Reception
6:30pm – 8:30pm  Dinner Symposium
Emerging Concepts in Obesity Management: Integrated Neurohormonal Therapy
Presenters: Henry Ginsberg, MD; Michael Schwartz, MD; Steven Smith, MD
6:30am – 8:00am  **Breakfast Symposia**  
**Expert Roundtable: Emerging Concepts in Cardiometabolic Risk Management**  
Christie Ballantyne, MD; Thomas Giles, MD; Steven Haffner, MD; Daniel Rader, MD  

**Cardiometabolic Risk Reduction: The Role of New Generation Beta-Blockade in Achieving Hypertension Control**  
**Presenters:** George Bakris, MD; Garry Gibbons, MD; R. Preston Mason, PhD

8:00am – 8:15am  **Opening Remarks**  
Christie Ballantyne, MD

8:15am – 8:45am  **Keynote Presentation**  
**Atherosclerosis in Patients with Cardiometabolic Risk: New Findings Regarding Inflammation and Neovascularization**  
Valentin Fuster, MD, PhD

8:45am – 9:15am  **Diabetes and Atherosclerosis: Defining the Link and Opportunities for Intervention**  
Jorge Plutzky, MD

9:15am – 9:45am  **Biomarkers and Noninvasive Imaging: Useful, Hopeful, or Hype?**  
Christie Ballantyne, MD

9:45am – 10:15am  **Morning Break / Exhibit Hall**

10:15am – 10:45am  **Risk Assessment Models to Predict Multiple Cardiometabolic Risk Factors**  
Peter Wilson, MD

10:45am – 11:15am  **Hypertension Management in Patients with Diabetes and Cardiovascular Disease**  
George Bakris, MD

11:15am – 11:45am  **Antithrombotics for Patients with Increased Cardiometabolic Risk: What Do We Use and for How Long?**  
Deepak Bhatt, MD

11:45am – 1:00pm  **Lunch Symposia**  
**The Role of the Endocannabinoid System in the Management of Cardiometabolic Risk**  
**Presenters:** Louis Aronne, MD; Deepak Bhatt, MD; Robert Eckel, MD  

**Cardiovascular Risk Reduction: Controlling Dyslipidemia in Patients with Type 2 Diabetes**  
**Presenters:** Henry Ginsberg, MD; Ronald Goldberg, MD; Michael Welch, MD

1:15pm – 2:15pm  **Dyslipidemia: Controversies and Difficulties in Lipid Management**  
**Moderator:** Robert Eckel, MD  
**Panelists:** Christie Ballantyne, MD; Henry Ginsberg, MD; Ronald Goldberg, MD; Daniel Rader, MD

2:15pm – 2:45pm  **Lipid Management in Children with Type 1 or Type 2 Diabetes**  
Larry Dolan, MD

2:45pm – 3:15pm  **Afternoon Break / Exhibit Hall**

3:15pm – 3:45pm  **Glycemic Control in Children with Type 1 or Type 2 Diabetes**  
Sonia Caprio, MD

3:45pm – 4:15pm  **Butting Out: Novel Smoking Cessation Strategies to Reduce Cardiometabolic Risk**  
David Gonzales, PhD

4:15pm – 5:15pm  **Cardiometabolic Risk Management in High-Risk Populations: Medical Management and Lifestyle Modification Strategies**  
**Presenters:** John Foreyt, PhD; Nancy Houston Miller, RN, BSN; Scott Urquhart, PA-C

5:15pm  **Closing Remarks**  
Christie Ballantyne, MD

6:00pm – 8:00pm  **Dinner Symposium**  
**Reducing Residual Cardiovascular Risk by Lowering Triglycerides and Raising HDL-C**  
**Presenters:** Christie Ballantyne, MD; Jorge Plutzky, MD; Frank Sacks, MD
Saturday, September 29, 2007 – Day Three

6:30am – 8:00am  Breakfast Symposium  
**Beyond Hypertension Control:**  
The Role of ARBs in the Management of Cardiometabolic Risk  
Presenters: Thomas Giles, MD; Byron Hoogwerf, MD; Willa Hsueh, MD

8:00am – 8:15am  Opening Remarks  
Robert Eckel, MD

8:15am – 8:45am  The Impact of Personalized Medicine on the Management of the Obese Patient with Multiple Cardiometabolic Risk Factors  
Allen Spiegel, MD

8:45am – 9:30am  Early Kidney Disease:  
The Underappreciated Cardiometabolic Risk Factor  
Robert Toto, MD

9:30am – 10:00am  The Influence of Genetics on Hypertension and Cardiometabolic Risk Management:  
Current Strategies and Future Directions  
Richard Lifton, MD

10:00am – 10:30am  Morning Break / Exhibit Hall

10:30am – 11:00am  Appropriate Revascularization in Patients with Diabetes and Cardiovascular Disease  
Richard Nesto, MD

11:00am – 12:00pm  Expert Roundtable: Evaluating Clinical Trial Evidence  
**Moderator:** Richard Nesto, MD  
**Presenters:** Christie Ballantyne, MD; Robert Eckel, MD; Steven Haffner, MD

12:00pm – 1:00pm  Lunch Symposium  
Establishing the Relationship Between Erectile Dysfunction and Cardiometabolic Risk:  
Opportunities for Screening and Early Intervention to Improve Patient Care  
Presenters: Andrew McCullough, MD; R. Parker Ward, MD

1:00pm  Closing Remarks  
Robert Eckel, MD

“*This conference helped me out of burn-out and has rejuvenated me. I'm eager to get back to work!*

“It is encouraging to see so many important groups working together to find new ways to develop standards to help our patients.”

“It has been wonderful to get the latest data concerning this enormous problem.”

“The Cardiometabolic Health Congress features internationally-recognized experts in their fields, translating cutting-edge science into practical lifestyle, medical, and surgical approaches to the problems of obesity, diabetes, and cardiovascular disease.”

Ronald Sigal, MD

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### Wednesday, September 26, 2007

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Presenters</th>
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<td>6:30pm – 8:30pm</td>
<td><strong>Dinner Symposium</strong>&lt;br&gt;Prandial Insulin and Cardiovascular Risk</td>
<td>Lawrence Blonde, MD; William Cefalu, MD; John Gerich, MD</td>
<td>Supported by an educational grant from Pfizer</td>
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Partial List of Organizations in Attendance in 2006

Partial List of Organizations in Attendance in 2006

Don’t Miss This Opportunity to Interact with Leading Clinicians Nationwide!

www.cardiometabolichealth.org 11

"The 2007 Cardiometabolic Health Congress will provide attendees with the broadest program possible covering those risk factors responsible for cardiovascular disease. The meeting will focus on the recently recognized importance of those cardiometabolic risk factors related to obesity and type 2 diabetes, two conditions epidemic in proportion. The newest options to treat cardiovascular risk will be presented."

Richard Nesto, MD

www.cardiometabolichealth.org
ACCREDITATION STATEMENT

ACCME
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Medical Education Collaborative, Inc. (MEC), and HealthScience Media, Inc. MEC is accredited by the ACCME to provide continuing medical education for physicians.

Medical Education Collaborative designates this educational activity for a maximum of 30.25 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ANCC
Medical Education Collaborative (MEC) is the accredited provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

RNs, LPNs, LVNs, and NPs can receive up to 30.2 contact hours for participation in this program. This program is cosponsored with Medical Education Collaborative, Inc. (MEC), and HealthScience Media, Inc. Provider approved by the California Board of Registered Nursing, Provider Number CEP 12990, for 36.2 contact hours.

ACPE
30.25 contact hours (3.025 CEUs) of credit for pharmacists. Approval of this course for pharmacists is under a cosponsorship agreement between Medical Education Collaborative, Inc. (MEC), and HealthScience Media, Inc. MEC is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE #: 815-999-07-050-L01. The program is designed for all pharmacists.

CDR
Medical Education Collaborative is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 30.25 continuing professional education units (CPEUs) for completion of this program/material.

HOTEL AND TRAVEL INFORMATION

The 2007 Cardiometabolic Health Congress will take place at the Sheraton Boston Hotel, September 26–29, 2007. The hotel is located in the heart of Boston and is just 4 miles from Logan Airport.

**Due to high demand, our room block is sold out at the Sheraton Boston Hotel.**

We have secured additional rooms at the Westin Copley Place, which is connected to the Sheraton Boston Hotel. To book your hotel room please contact the hotel directly and be sure to mention you are attending the 2007 Cardiometabolic Health Congress to receive our special negotiated room rate of $299.

**Westin Copley Place**  
10 Huntington Ave., Boston, MA  02116  
Phone: 617-262-9600  ·  Fax: 617-424-7483:  
2007 Cardiometabolic Health Congress Reservations

*We recommend you book your hotel room ASAP – our group rate is available to September 12, 2007 and subject to availability*

“The continuum from prediabetes, to early diabetes, to diabetes with micro and macro vascular complication needs to be aggressively targeted to prevent the long-term inevitable consequences of diabetes-associated cerebral and cardiovascular death.”

Bernard Zinman, MD
BOSTON ATTRACTIONS

**Tours and Sightseeing**

Arnold Arboretum - Walking Tours  
125 Arborway, Jamaica Plain, MA 02130  
(617) 524-1718 x100  
Website: www.arboretum.harvard.edu/visitors/hours.html

Boston Duck Tours – Land and Water Tour  
Three Copley Place - Suite 310, Boston 02116  
(617) 450-0068 or (800) 226-7442  
Website: www.BostonDuckTours.com  
E-mail: info@BostonDuckTours.com

CityView Trolley Tours  
PO Box 267, Boston 02132  
(617) 363-7899  
Website: www.cityviewtrolleys.com  
E-mail: info@cityviewtrolleys.com

**Entertainment**

Blue Man Group at the Charles Playhouse  
74 Warrenton Street, Boston 02116  
(617) 542-6700  
Website: www.blueman.com  
E-mail: bostongroups@blueman.com

Boston Ballet  
19 Clarendon Street, Boston 02116  
(617) 456-6343  
Website: www.bostonballet.org

Boston Lyric Opera  
45 Franklin Street, Boston 02110  
(617) 542-6772  
Box Office: (617) 542-OPRA (6772)  
Website: www.blo.org  
E-mail: boxoffice@blo.org

Boston Philharmonic  
295 Huntington Ave., Boston 02115  
(617) 236-0999  
Website: www.bostonphil.org,  
E-mail: dohara@bostonphil.org.

ImprovBoston  
1253 Cambridge Street, Cambridge 02139  
(617) 576-1253 or (800) 576-1253  
Website: www.improvboston.com  
E-mail: info@improvboston.com
# REGISTRATION FORM

**Online:** www.cardiometabolichion.org  
**Call:** Jessica at 877.571.4700  
**Fax Registration Form:** 866.218.9168

**Mail Registration Form with Payment to:**  
2007 Cardiometabolic Health Congress  
c/o HealthScience Media, Inc.  
766 Shrewsbury Avenue, West Building, Suite W-203  
Tinton Falls, NJ 07724

## Registration Fees

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<td>Guest Pass***</td>
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* License number should be provided on registration form for verification.  
**ID card from school, residency, or fellowship program is required for verification. No other discounts apply.  
***Guest passes are available to paid registrants only. Guests may only enter the exhibit hall and non-CME meal functions with a guest pass/badge.

If your organization requires a letter of invitation for you to attend the 2007 Cardiometabolic Health Congress, please check here. The letter will be mailed to the address you supplied approximately 5–7 business days after your registration is processed.

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<th>Prefix</th>
<th>First Name</th>
<th>Last Name</th>
<th>Degree(s)</th>
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**Title**

**Affiliation**

**Address 1**

**Address 2**

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<th>City</th>
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Guest Name (if you are purchasing a guest pass):

Please indicate your specialty (check one):

- Cardiology
- Endocrinology
- Internal Medicine
- Nephrology
- Primary Care
- Industry
- Other

Current members of our association supporters receive a $100 discount off the registration price. Indicate which association you are a member of below:

- American College of Cardiology
- American Society of Endocrine PAs
- Association of Black Cardiologists
- Society of Atherosclerosis Imaging and Prevention
- American Diabetes Association
- Consortium for Southeastern Hypertension Control
- The Endocrine Society
- Association of Physician Assistants in Cardiology
- American Heart Association
- American Society of Bariatric Surgery
- National Kidney Foundation
- American College of Preventive Medicine
- Partnership for Prevention

**GROUP DISCOUNTS**

The 2007 Cardiometabolic Health Congress offers group discounts to clinicians attending from the same organization. For more information please contact Jessica at 877.571.4700.
The 2007 Cardiometabolic Health Congress gratefully acknowledges the education grant support and sponsorship provided by the following organizations.

Foundation Supporters

Platinum Supporter

Gold Supporters

Educational Supporters

Association Supporters

Current members of associations supporting the 2007 Cardiometabolic Health Congress receive a $100 discount.

Publication Supporters

Educational Support, Sponsorship, and Exhibit Opportunities

For more information call 877.571.4700 or e-mail dk@cardiometabolichealth.org.
THE ENDOCANNABINOID SYSTEM: A NEW FOCUS FOR UNDERSTANDING THE DEVELOPMENT OF CARDIOMETABOLIC RISK FACTORS INCLUDING INTRA-ABDOMINAL ADIPOSITY*

The activation of CB₁ receptors located in adipose tissue, the liver, skeletal muscle, and the brain

INCREASED ACTIVITY OF THE ENDOCANNABINOID SYSTEM:

CONTRIBUTES TO THE DEVELOPMENT OF INTRA-ABDOMINAL ADIPOSITY* AND OTHER CARDIOMETABOLIC RISK FACTORS

- The recently characterized endocannabinoid system is composed of signaling molecules and cannabinoid receptors (eg, CB₁)¹

- Increased activity of this system affects food intake, energy expenditure, regulation of body weight, and glucose and lipid metabolism²-⁴

HAS BOTH PERIPHERAL AND CENTRAL EFFECTS ON CARDIOMETABOLIC RISK

In peripheral sites (ie, adipose tissue, the liver, and skeletal muscle)

- Increased activity at CB₁-receptor sites is associated with cardiometabolic risk factors such as dyslipidemia and insulin resistance⁵-⁹†

In central sites (ie, the brain)

- Increased activity at CB₁-receptor sites is associated with intra-abdominal adiposity* and increased weight*†

⁰ As measured by waist circumference.
† From human and/or animal data.

References
Join Your Colleagues at the Largest and Most Influential Cardiometabolic Health Event of the Year!

- Over 50 world-renowned faculty translating the latest data into practical strategies to manage multiple cardiometabolic risk factors
- Interactive sessions focusing on type 2 diabetes, obesity, insulin resistance, hypertension, dyslipidemia, chronic kidney disease, and more!
- Opportunity to network with your peers – over 750 U.S.-based practicing clinicians
- Dynamic exhibit hall featuring companies showcasing their latest products and services
- Complimentary breakfast, lunch, and dinner symposia

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Jay Skyler, MD