

BOCA RATON, FL, January, 27 2015/PRNewswire/ -- In order to expand medical education to healthcare professionals with an interest and commitment to cardiovascular disease (CVD) prevention and cardiometabolic disease management, the producers of the Cardiometabolic Health Congress (CMHC) have recently announced three new and exciting additional programs. Starting in 2015, the “Best of the Cardiometabolic Health Congress (CMHC),” will be offered as part of a Regional Conference Series, held as three one-day Saturday conferences with CME/CE earning opportunities. The *Best of the CMHC* Regional Conference Series will include expert faculty from the CMHC Annual Congress held in Boston every October.

The *Best of the CMHC* Regional Conference Series provides convenient one-day Saturday educational programs with focused continuing medical education for busy clinicians in regional U.S. metropolitan areas. The first in the series is scheduled in Atlanta, GA on March 28, 2015, followed by Dallas, TX on May 2, 2015 and Las Vegas, NV on August 15, 2015. Attendees will be able to earn up to 6.5 *AMA PRA Category 1 credits*™ for physicians or CE credits for nurses, pharmacists and registered dietitians.

Participants of the *Best of the CMHC* Regional Conference Series will be updated on current, new, and emerging therapies, treatment modalities, clinical guidelines, and practical strategies to reduce cardiometabolic risk and improve patient clinical outcomes. The integrated curriculum for each of these one-day programs will address clinically relevant topics including: diabetes, hypertension, dyslipidemia, CVD prevention, obesity management and other cardiometabolic risk factors.

Registration will begin Saturday mornings followed by a full day of CME/CE programming including an opening session by a designated CMHC Chairperson. The Series agendas will offer five Clinical Case Challenges and Expert Panel Discussions to allow for discussion about clinical applications, attendee questions and other feedback. This follows the tradition of the Annual CMHC wherein expert discussion and Q&A sessions have been demonstrated to be extremely important and valuable to participants. Additional opportunities to learn about products, devices, and disease states will also be available during industry-sponsored (non-CME) breakfast and lunch programs.

Cardiovascular disease affects greater than 1 in 3 adults and is the leading cause of deaths in the U.S. The increasing prevalence of cardiovascular risk factors in the population such as dyslipidemia, diabetes, obesity and hypertension is correlated with high rates of cardiovascular and metabolic disease. Moreover, an increasing aging population with cardiovascular risk factors and complex cardiometabolic conditions are now navigating new rules for preventive health services. A new U.S. healthcare insurance system, changing clinical guidelines, along with the emergence of novel therapies and treatment modalities, all present complex implications for patients and practitioners alike. These issues support the critical need for ongoing continued medical education for physicians and other healthcare practitioners.

To learn more about the *Best of the CMHC* Regional Conference Series, review the agendas and register online, please visit <http://www.cardiometabolichealth.org/regional.asp>

About the Cardiometabolic Health Congress (CMHC)

The **Cardiometabolic Health Congress**, now in its 10th year, is the largest US-based, multidisciplinary conference dedicated to addressing cardiometabolic disease and its interdependencies through an integrated approach to treating risk factors across diverse populations. The annual CMHC Congress in Boston (October 21-24, 2015) is a 4-day event attended by 1,300+ mid to advanced level health professionals seeking real-world solutions to integrate directly into their clinical practices. Acquired by Tarsus Medical Group in early 2014,

CMHC aims to provide education and events specifically focused on the management of cardiometabolic diseases for clinicians that range from endocrinologists to cardiologists and primary care physicians, along with allied health professionals such as nurse practitioners and physician assistants.