

## **1,500 Clinicians, 64 World-Renowned Clinical Experts and 33 Medical Societies Convene in Boston for the 7th Annual Cardiometabolic Health Congress**

**Boston, October 1, 2012** – The 2012 Cardiometabolic Health Congress’ seventh annual program, October 10-13, 2012, in Boston, MA, is an unprecedented multidisciplinary expert forum convening 64 world-renowned physician experts, 33 medical societies, and more than 1500 practicing clinicians. According to Dr. Peter McCullough, chief academic and science officer at St. John Providence Health System, “The CMHC is the nation’s leading meeting advancing the knowledge on cardiometabolic health.”

The CMHC imparts to the medical community real-world clinical strategies for optimal management of multiple cardiometabolic risk factors, including obesity, type 2 diabetes, dyslipidemia, atherosclerosis, acute coronary syndrome, hypertension, thrombosis, chronic kidney disease and related comorbidities. “Integrated management of all aspects of cardiometabolic risk – from lifestyle modifications to supplements to prescription drugs – is the only way to approach this 21<sup>st</sup> century epidemic. The CMHC brings it all together with experts from multiple disciplines, providing the state of the art on this rapidly advancing area,” said Dr. Daniel Rader, professor of medicine at the University of Pennsylvania and director of the Preventive Cardiology and Lipid Clinic at the Hospital of the University of Pennsylvania.

As new treatment modalities for cardiovascular, metabolic, and related comorbidities progress from bench to bedside, the CMHC has expanded its educational initiative to continue to lead the way in translating cutting-edge science into effective practical solutions that make a significant impact on clinical practice and patient outcomes. “The CMHC approach is truly exceptional, as it brings together a high-quality mix of sophisticated clinical providers with cutting-edge investigators. CMHC is a meeting I look forward to each year,” said Dr. Paul Ridker, Eugene Braunwald professor of medicine at Harvard Medical School.

The CMHC is supported by 33 prestigious professional medical organizations representing all disciplines related to cardiometabolic health, including the American College of Cardiology, American Heart Association, American Academy of Pediatrics, National Kidney Foundation, American Society of Hypertension, American Society of Bariatric Physicians, World Heart Federation and The Endocrine Society. Dr. Darren McGuire, associate professor of medicine and associate at the Donald W. Reynolds Cardiovascular Clinical Research Center at the University of Texas Southwestern Medical Center commented, “The CMHC evolved over a relatively short period to become a world-class meeting sufficiently established to attract the very best faculty and attendees.”

The 2012 CMHC is co-chaired by Dr. Christie M. Ballantyne, Dr. Robert H. Eckel, Dr. George L. Bakris and Dr. Jay S. Skyler.

Visit [www.cardiometabolichealth.org](http://www.cardiometabolichealth.org) for information on accreditation, faculty, association and industry supporters, and registration.

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