

CME Lunch Symposium

The Role of Combination Therapies in Early, Intensive Treatment of Type 2 Diabetes: Patient-Centered Approaches to Improve Glucose Control and Reduce Cardiometabolic Risk Factors

Friday, October 23, 2015

11:45am – 1:45pm

Supported by an educational grant from AstraZeneca

SYMPOSIUM OVERVIEW

Despite the availability of numerous treatment options for type 2 diabetes mellitus, the number of patients achieving glycemic goals is unacceptably low. Some existing glucose-lowering agents have adverse effects such as weight gain or hypoglycemia. Newer treatment options are now available or under development that may work synergistically with other available interventions to achieve glycemic control, reduce overall cardiometabolic risk, and improve adherence and satisfaction for individuals with T2DM. This symposium will provide practical strategies to individualize goals and therapies based on patient characteristics, disease factors, and patient priorities.

LEARNING OBJECTIVES

Upon completion of these educational activities, participants will be better able to:

- Integrate current guideline recommendations concerning diabetes therapies to clinical practice, and identify patient comorbidities that would impact drug selection.
- Explore the role of newer treatment options in regulating plasma glucose levels, blood pressure, and dyslipidemia and overcoming common barriers to patient acceptance by minimizing adverse events and side effects, and increasing patient satisfaction.
- Incorporate dual and triple combination therapy into clinical practice for appropriate patients with T2DM.
- List the potential clinical benefits for achieving glycemic control with newer therapies and novel combinations of therapies in patients with T2DM at various stages of the disease.

AGENDA & FACULTY

Welcome and Introductions

Chairperson: **John B. Buse, MD, PhD**

The Role of Oral Combination Therapies in Early, Intensive Treatment of Type 2 Diabetes

Presenter: **Lawrence Blonde, MD**

Moving Beyond Oral Agents to Achieve Glycemic Control

Presenter: **Carol H. Wysham, MD**

Principles of Individualized Diabetes Management: A Case-Based Approach

Presenter: **Samuel Dagogo-Jack, MD**

Practical Considerations When Treating T2DM in a Patient with Comorbidities: Panel Discussion and Audience Q&A

Moderator: **John B. Buse, MD, PhD**

Discussants: **Lawrence Blonde, MD; Samuel Dagogo-Jack, MD; Carol H. Wysham, MD**

Summary and Closing Remarks

Chairperson: **John B. Buse, MD, PhD**

Note: Agenda & Faculty are subject to change