



16TH ANNUAL CMHC
**PUSHING BOUNDARIES IN
CARDIOMETABOLIC HEALTH:**
Challenges and Controversies
AGENDA

THURSDAY, OCTOBER 14

FRIDAY, OCTOBER 15

SATURDAY, OCTOBER 16

SUNDAY, OCTOBER 17

A Wolf in Sheep's Clothing: Actionable Cardiometabolic Rare Diseases You Might Miss

RARE LIPID DISORDERS

12:00 PM – 12:05 PM	Opening Remarks Christie M. Ballantyne, MD
12:05 PM – 12:25 PM	Overview of Rare Forms of Severe Hypertriglyceridemia Rebecca J Brown, MD, MHSc
12:25 PM – 12:45 PM	Overview of Rare Forms of Severe Hypercholesterolemia Robert S. Rosenson, MD
12:45 PM – 1:15 PM	Expert Panel Discussion & Case Presentations: Lipid Disorders Moderator: Christie M. Ballantyne, MD Panelists: Rebecca J Brown, MD, MHSc; Robert S. Rosenson, MD
1:15 PM – 2:15 PM	Primetime CME Symposium
2:15 PM – 2:30 PM	Refresh and Recharge Break

RARE CARDIOVASCULAR DISORDERS

2:30 PM – 2:45 PM	Transthyretin Amyloid Cardiomyopathy (ATTR-CM) Ola Akinboboye, MD
2:45 PM – 3:00 PM	Fabry Disease John L. Jefferies, MD
3:00 PM – 3:15 PM	Pulmonary Arterial Hypertension Sonja Bartolome MD, FCCP
3:15 PM – 3:40 PM	Expert Panel Discussion & Case Presentations: CV Disorders Moderator: Keith C. Ferdinand, MD Panelists: Sonja Bartolome MD, FCCP; John L. Jefferies, MD; Ola Akinboboye, MD

RARE DIABETES DISORDERS

3:40 PM – 3:55 PM	Latent Autoimmune Diabetes in Adults (LADA) Kathleen Dungan, MD, MPH
3:55 PM – 4:10 PM	Maturity-Onset Diabetes of the Young (MODY) Rochelle Naylor, MD
4:10 PM – 4:25 PM	COVID-19 and New-Onset Diabetes Irl B. Hirsch, MD
4:25 PM – 4:45 PM	Expert Panel Discussion & Case Presentations: Diabetes Disorders Moderator: Anne L. Peters, MD Panelists: Kathleen Dungan, MD, MPH; Irl B. Hirsch, MD; Rochelle Naylor, MD
4:45 PM – 5:00 PM	Refresh and Recharge Break

RARE OBESITY DISORDERS

5:00 PM – 5:15 PM	Alström Syndrome Clair A. Francomano, MD
5:15 PM – 5:30 PM	Other Monogenic Forms of Obesity: POMC & LEPR Deficiencies
5:30 PM – 6:00 PM	Expert Panel Discussion & Case Presentations: Obesity Disorders Moderator: Robert H. Eckel, MD Panelists: Clair A. Francomano, MD
6:00 PM – 6:30 PM	Refresh and Recharge Break
6:30 PM – 7:30 PM	PME Symposium (non-CME)



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FDA Update and Keynote

7:00 AM – 7:45 AM **PME Breakfast Symposium (non-CME)**
Sponsored by Boehringer Ingelheim Pharmaceuticals, Inc and Lilly USA, LLC.

7:45 AM – 8:15 AM Coffee Break

8:15 AM – 9:45 AM Opening Remarks & FDA Update and Late Breaking Trials
Moderator: Christie M. Ballantyne, MD
Presenters: Keith C. Ferdinand, MD; Robert H. Eckel, MD; Anne L. Peters, MD; Deepak L. Bhatt, MD, MPH; George L. Bakris, MD

9:45 AM – 10:15 AM Keynote

10:15 AM – 10:45 AM Exhibit Hall Break & Meet the Experts

10:45 AM – 11:45 AM **Primetime CME Symposium**
Challenges and Advances in Long-Term Obesity Management: Interpreting and Applying the Evidence to Patient Care
Supported by an educational grant from Novo Nordisk.
Chair: Harold E. Bays, MD
Faculty: Louis J. Aronne, MD; Karli Burrridge, PA-C, MMS, FOMA

Session I: Obesity & Lifestyle

11:45 AM Opening Remarks
Robert H. Eckel, MD

11:45 AM – 12:05 PM Interventions Across the Weight Continuum: The Importance of Recognizing and Addressing Pre-Obesity
Michelle Look, MD, FAAFP, ABOM

12:05 PM – 12:35 PM Exhibit Hall Break & Meet the Experts

12:35 PM – 1:35 PM **PME Lunch Symposium (non-CME)**
Close to the Heart: The Importance of Recognizing Cardiovascular Risk in Type 2 Diabetes
Sponsored by Boehringer Ingelheim Pharmaceuticals, Inc and Lilly USA, LLC.
Rachel Pessah-Pollack, MD, FACE

1:35 PM – 2:05 PM Exhibit Hall Break & Meet the Experts

2:05 PM – 3:05 PM Examining Nutritional Approaches to Cardiometabolic Health: Controversies and Perspectives
Kim A. Williams, Sr., MD; Stephen Devries, MD; Kevin D. Hall, PhD

3:05 PM – 3:35 PM Challenges and Advances in NAFLD and NASH: Interpreting The Evolving Diagnostic and Treatment Landscape
Christos S. Mantzoros, MD

3:35 PM – 4:05 PM Physical Activity: Is There a Correct Approach?
James O. Hill, PhD; Katrina L. Piercy, PhD, RD, ACSM-CEP, FACS; Holly R. Wyatt, MD

4:05 PM – 5:00 PM Challenging Obesity Cases & Panel Discussion
Moderator: Robert H. Eckel, MD
Panelists: Stephen Devries, MD; Kevin D. Hall, PhD; James O. Hill, PhD; Michelle Look, MD, FAAFP, ABOM; Christos S. Mantzoros, MD; Katrina L. Piercy, PhD, RD, ACSM-CEP, FACS; Kim A. Williams, Sr., MD; Holly R. Wyatt, MD

5:00 PM – 6:00 PM Happy Hour & Giveaways

6:00 PM – 7:00 PM **PME Dinner Symposium (non-CME)**
Sponsored by Esperion Therapeutics.



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Session II: Dyslipidemia/Atherosclerosis/Thrombosis

7:00 AM – 8:00 AM	Sunrise CME Symposium Prevention and Treatment of Influenza in High-Risk Patients with Cardiometabolic Comorbidities: Interpreting the Evidence to Decrease the Risk of Complications <i>Supported by an educational grant from Genentech, a member of the Roche Group.</i> Chair: Gregory A. Poland, MD Faculty: TBD
8:00 AM – 8:15 AM	Refresh and Recharge Break
8:15 AM	Opening Remarks Christie M. Ballantyne, MD
8:15 AM – 8:35 AM	Inflammation and Cardiovascular Disease: Lessons Learned from Clinical Trials Paul M. Ridker, MD
8:35 AM – 9:05 AM	Controversies Related to Primary ASCVD Risk Assessment and Management Pamela B. Morris, MD
9:05 AM – 9:25 AM	Imaging Atherosclerosis: Advances and Gaps in Knowledge Matthew J. Budoff, MD
9:25 AM – 10:25 AM	Primetime CME Symposium
10:25 AM – 10:55 AM	Exhibit Hall Break & Meet the Experts
10:55 AM – 11:20 AM	Omega 3s, Niacin, Fibrates, High-Dose Statins and Beyond: How Do we Address Elevated Triglycerides? Karol E. Watson, MD
11:20 AM – 12:00 PM	Challenging Lipid Management Cases & Panel Discussion Moderator: Christie M. Ballantyne, MD Panelists: Matthew J. Budoff, MD; Robert H. Eckel, MD; Pamela B. Morris, MD; Paul M. Ridker, MD; Karol E. Watson, MD
12:00 PM – 12:30 PM	Exhibit Hall Break & Meet the Experts
12:30 PM – 1:30 PM	PME Lunch Symposium (non-CME) <i>Sponsored by Merck Sharp and Dohme Corp.</i>
1:30 PM – 2:00 PM	Exhibit Hall Break & Meet the Experts

Session III: Diabetes

2:00 PM	Opening Remarks Anne L. Peters, MD
2:00 PM – 2:20 PM	Controversies About A1c, CGM, and Time in Range Grazia Aleppo, MD, FACE, FACP
2:20 PM – 2:50 PM	Beyond Glucose Lowering: Keeping Up with The Broadened Scope of Diabetes Drugs and The Evolving Guidelines Vanita R. Aroda, MD
2:50 PM – 3:50 PM	Primetime CME Symposium Reducing Cardiovascular Risk with GLP-1 RAs in Diabetes Patients: Evolving Concepts and Paradigm Shifts <i>Supported by an educational grant from Novo Nordisk.</i> Chair: Vanita R. Aroda, MD Faculty: Darren McGuire, MD; Richard E. Pratley, MD
3:50 PM – 4:10 PM	Evaluation and Treatment of Diabetic Neuropathy Rodica Pop-Busui MD, PhD
4:10 PM – 4:30 PM	Management of CVD and CVD Risk in Patients with Type 1 Diabetes Bernard Zinman OC, MDCM, FRCPC, FACP
4:30 PM – 5:00 PM	Multi-disciplinary Cases in T2D and Expert Panel Discussion Moderator: Anne L. Peters, MD Panelists: Grazia Aleppo, MD, FACE, FACP; Rodica Pop-Busui MD, PhD; Bernard Zinman OC, MDCM, FRCPC, FACP
5:00 PM – 6:00 PM	Closing Reception
6:00 PM – 7:00 PM	PME Dinner Symposium (non-CME) A New Direction for CGM Use in Type 2 Diabetes: Evidence from the MOBILE Study <i>Sponsored by Dexcom.</i> Grazia Aleppo, MD, FACE, FACP



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Session IV: Hypertension/HF/Kidney

7:00 AM – 7:05 AM Opening Remarks
George L. Bakris, MD

7:05 AM – 7:30 AM Upcoming and Emerging Therapies for Uncontrolled Hypertension
Rajiv Agarwal, MD

7:30 AM – 7:50 AM Resistant Hypertension
George L. Bakris, MD

7:50 AM – 8:30 AM Challenging HTN Cases & Expert Panel Discussion
Moderator: George L. Bakris, MD
Panelists: Rajiv Agarwal, MD

8:30 AM – 8:45 AM Refresh and Recharge Break

8:45 AM – 9:45 AM **Primetime CME Symposium**
Challenges and Advances in Diabetic Kidney Disease:
Tackling the Drivers of CKD Progression in T2DM
*Supported by an educational grant from Bayer HealthCare
Pharmaceuticals Inc.*
Chair: George L. Bakris, MD
Faculty: Rajiv Agarwal, MD; Bertram Pitt, MD

9:45 AM – 10:10 AM Understanding the Evolving Spectrum of HF: From HF_{rEF} to HF_{mrEF} to HF_{pEF}
Alanna A. Morris, MD

10:10 AM – 10:40 AM Updates and Perspectives: Have We Changed the Trajectory of CKD Progression?
Janet B. McGill, MD

10:40 AM – 11:00 AM Acute Kidney Injury: When Should You Be Concerned?
Jay L. Koyner, MD

11:00 AM – 11:45 AM Challenging HF/Kidney Cases & Expert Panel Discussion
Moderator: George L. Bakris, MD
Panelists: Alanna A. Morris, MD; Jay L. Koyner, MD; Janet B. McGill, MD