

Social Determinants and Digital Advances in Cardiorenal Metabolic Health

OCTOBER 18-21, 2023

**BOSTON PARK PLAZA
BOSTON, MA**



PRE-CONFERENCE

Schedule is subject to change

WEDNESDAY, OCTOBER 18

The Role of Digital Health & Technology in Cardiometabolic Risk Reduction: Where We Are and Where Are We Going

11:30 AM - 11:35 AM	Opening Remarks	Chair: Seth Martin, MD, MHS
11:35 AM - 11:55 AM	Setting the Stage: What Digital Health Means for Clinicians and Patients	Patrick Dunn, PhD
Technology & Digital Health in Lifestyle and Obesity		
11:55 AM - 12:15 PM	Health and Care Apps for Lifestyle and Obesity: The Importance of Self-Monitoring	Tiffany Powell-Wiley, MD, MPH
12:15 PM - 12:35 PM	Continuous Glucose Monitoring: The New Frontier in Lifestyle Management?	Athena Philis-Tsimikas, MD
12:35 PM - 12:55 PM	Changing Behavior Using Digital Health for Long Term Weight Management	Martin S. Hagger, PhD
12:55 PM - 1:05 PM	Panel Discussion and Audience Q&A	Moderator: Seth Martin, MD, MHS Panelists: Tiffany Powell-Wiley, MD, MPH; Athena Philis-Tsimikas, MD; Martin S. Hagger, PhD
1:05 PM - 1:20 PM	Refresh and Recharge Break	

Technology & Digital Health in Type 2 Diabetes

1:20 PM - 1:50 PM	The Role of CGM in the Management of Type 2 Diabetes: Patient Selection & Important Pearls Supported by Dexcom.	Grazia Aleppo, MD, FACE, FACP
1:50 PM - 2:10 PM	Insulin Delivery and Insulin Pumps in Patients with Type 2 Diabetes	Viral Shah, MD
2:10 PM - 2:20 PM	Panel Discussion and Audience Q&A	Moderator: Seth Martin, MD, MHS Panelists: Grazia Aleppo, MD, FACE, FACP; Viral Shah, MD

Technology & Digital Health in CVD & CVD Risk Reduction

2:20 PM - 2:40 PM	Technology to Close Gaps in Hypertension Care	Daichi Shimbo, MD
2:40 PM - 3:00 PM	Advances in Digital Health for Arrhythmia Management	Mohamed B. Elshazly, MD, MBEE, FACC
3:00 PM - 3:20 PM	Health Technologies for CVD Prevention	Francoise Marvel, MD
3:20 PM - 3:30 PM	Panel Discussion and Audience Q&A	Moderator: Seth Martin, MD, MHS Panelists: Daichi Shimbo, MD; Mohamed B. Elshazly, MD, MBEE, FACC; Francoise Marvel, MD
3:30 PM - 3:45 PM	Refresh and Recharge Break	

Technology & Digital Health in Cardiometabolic Health: Discussions & Practical Strategies for Implementation

3:45 PM - 4:15 PM	Discussions & Perspectives: What Role Does Technology and Digital Health Play in Addressing Disparities in Care?	Moderator: Seth Martin, MD, MHS Panelists: Yvonne Commodore-Mensah, PhD, MHS, RN; Christie M. Ballantyne, MD
4:15 PM - 4:45 PM	How Do Clinicians and Patients Better Use This Data: Challenges and Possible Solutions	Moderator: Seth Martin, MD, MHS Panelists: Eric D. Peterson, MD, MPH; Francoise Marvel, MD
4:45 PM - 5:15 PM	Fireside Chat Reception <i>Light bites and drinks will be served.</i>	
5:15 PM - 6:30 PM	Fireside Chat (Non-CME) Insights from Industry - Next Frontiers in Digital Interventions to Improve Cardiometabolic Health	Moderator: Seth Martin, MD, MHS Panelists: Patrick Dunn, PhD; Grant Groves, PhD; Stephen Lynch; Francoise Marvel, MD; Kapil Parakh, MD, MPH, PhD
6:30 PM - 7:00 PM	Fireside Connect <i>Mix and mingle with industry experts and colleagues following the Fireside Chat.</i>	

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THURSDAY, OCTOBER 19

7:00 AM - 7:45 AM	PME Breakfast Symposium (non-CME) A Treatment Option for Patients with Heart Failure <i>Sponsored by AstraZeneca.</i>	Surendra Sivarajah, MD; Justin Fongemie, PharmD
7:45 AM - 8:15 AM	Refresh and Recharge Break	

FDA Update and Keynote

8:15 AM - 10:15 AM	Opening Remarks & FDA Update and Late Breaking Trials	Moderator: Christie M. Ballantyne, MD Presenters: Deepak L. Bhatt, MD; Robert H. Eckel, MD; Keith C. Ferdinand; Anne L. Peters, MD
10:15 AM - 10:45 AM	Keynote Address Screening for Social Determinants of Cardiometabolic Health & Practice Implications	A. Enrique Caballero, MD
10:45 AM - 11:15 AM	Exhibit Hall Break	
11:15 AM - 12:15 PM	PME Lunch Symposium (non-CME) Explore This GLP-1 RA For Your Patients With T2D and Established ASCVD <i>Sponsored by Novo Nordisk.</i>	Matthew Budoff, MD, FACC, FAHA
12:15 - 12:45	Exhibit Hall Break	

Session I: Obesity & Lifestyle

12:45 PM - 1:45 PM	Diving Deeper Into Exercise Regimens for Cardiometabolic Health - The Impact of High-Intensity, Short Duration Exercise - How Do We Approach Physical Activity in Patients with Frailty or Who Have Significant Limitations - Discussion and Q & A	Mercedes Carnethon, PhD Jane Reusch, MD
1:45 PM - 2:45 PM	Debate and Discussion: Is it Time to Compare High-Intensity GLP-1 RAs to Surgery for the Management of Obesity?	Donna H. Ryan, MD Christopher D. Still, DO
2:45 PM - 3:15 PM	Exhibit Hall Break	
3:15 PM - 3:35 PM	The Intersection of Sleep and Cardiometabolic Risk: Important Connections and Practice Implications	Sirimon Reutrakul, MD
3:35 PM - 4:35 PM	Primetime CME Symposium The Intersection of NASH and Cardiometabolic Risk: Applying Advances in Diagnosis and Management To Tackle The NASH Epidemic <i>Supported by an educational grant from Novo Nordisk.</i>	Chair: Robert H. Eckel, MD Presenters: Diana Barb, MD; Amreen Dinani, MD, MSc
4:35 PM - 5:30 PM	Challenging Obesity Cases & Panel Discussion	Moderator: Robert H. Eckel, MD Panelists: Mercedes Carnethon, PhD; Jane Reusch, MD; Donna H. Ryan, MD; Sirimon Reutrakul, MD; Christopher D. Still, DO
5:30 PM - 6:30 PM	Welcome Reception	
6:30 PM - 7:30 PM	PME Dinner Symposium (non-CME) <i>Sponsored by Regeneron Pharmaceuticals.</i>	

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FRIDAY, OCTOBER 20

7:00 - 8:00 AM	<p>CME Breakfast Symposium Understanding the Role of Lp(a) as a CV Risk Marker to Therapeutic Target in the Prevention of ASCVD <i>Supported by an educational grant from Novartis Pharmaceuticals Corporation.</i></p>	<p>Chair: Patrick M. Moriarty, MD Presenters: Christie M. Ballantyne, MD; Erin D. Michos, MD, MHS, FACC, FAHA, FASE, FASPC</p>
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Session II: Dyslipidemia/Atherosclerosis/Thrombosis

8:00 AM - 8:05 AM	Opening Remarks	Christie M. Ballantyne, MD
8:05 AM - 8:25 AM	Low-Dose Colchicine (0.5 mg) for Chronic Atherosclerosis as an Adjunct to Statin Therapy	Paul Ridker, MD
8:25 AM - 8:45 AM	Statin Intolerance: How To Assess and Practical Pearls for Addressing It	Erin D. Michos, MD, MHS, FACC, FAHA, FASE, FASPC
8:45 AM - 9:05 AM	Hypertriglyceridemia: Trials, Tribulations, and Transition to Clinical Practice	Michael D. Shapiro, DO
9:05 AM - 10:25 AM	<p>Primetime CME Symposium Exploring Novel Strategies for LDL-C Combination Therapy to Decrease ASCVD Risk: A Paradigm Shift <i>Supported by an educational grant from Novartis Pharmaceuticals Corporation.</i></p>	<p>Chair: Christie M. Ballantyne, MD Presenters: Pamela B. Morris, MD; Pam R. Taub, MD, FACC, FASPC</p>
10:25 AM - 11:25 AM	Challenging Lipid Management Cases & Panel Discussion	<p>Moderator: Christie M. Ballantyne, MD Panelists: Robert H. Eckel, MD; Erin D. Michos, MD, MHS, FACC, FAHA, FASE, FASPC; Patrick M. Moriarty, MD; Pamela B. Morris, MD; Paul Ridker, MD; Michael D. Shapiro, DO</p>
11:25 AM - 11:55 AM	Exhibit Hall Break	
11:55 AM - 12:55 PM	<p>PME Lunch Symposium (non-CME) Identifying and Discussing the Unmet Needs in the Management of Severe Hypertriglyceridemia <i>Sponsored by Ionis Pharmaceuticals, Inc.</i></p>	Michael D. Shapiro, MD
12:55 PM - 1:25 PM	Exhibit Hall Break	

Session III: Diabetes

1:25 PM - 1:25 PM	Opening Remarks	Anne L. Peters, MD
1:25 PM - 1:45 PM	Where Are We With Respect to Glycemic Control in T2D - A 2023 Update	Vanita R. Aroda, MD
1:45 PM - 2:10 PM	Early Treatment Intensification in Type 2 Diabetes	Juan P. Frias, MD
2:10 PM - 3:10 PM	Heterogeneity of Diabetes & Panel Discussion	Anne L. Peters, MD
3:10 PM - 3:40 PM	Exhibit Hall Break	
3:40 PM - 4:00 PM	Optimizing Glycemic Control with Commonly-Available Combination Therapies: Tips and Pearls	Athena Philis-Tsimikas, MD
4:00 PM - 4:20 PM	How Social Determinants of Health Impact Type 2 Diabetes Treatment	Shivani Agarwal, MD, MPH
4:20 PM - 5:20 PM	Challenging Diabetes Management Cases & Panel Discussion	<p>Moderator: Anne L. Peters, MD Panelists: Shivani Agarwal, MD, MPH; Vanita R. Aroda, MD; Juan P. Frias, MD; Athena Philis-Tsimikas, MD</p>
5:20 PM - 6:30 PM	Happy Hour & Giveaways	

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SATURDAY, OCTOBER 21

Session IV: CardioRenal

7:00 AM - 8:00 AM	PME Breakfast Symposium (non-CME) Identifying and Discussing the Unmet Needs in the Management of Severe Hypertriglyceridemia Cycloset Reduced CVD Outcomes Within 1 year in T2D Subjects: Identified Contributory Mechanisms - Published Study Results <i>Sponsored by VeroScience.</i>	Anthony H. Cincotta, PhD
8:00 AM - 8:30 AM	Refresh and Recharge Break	
8:30 AM - 8:30 AM	Opening Remarks	Keith C. Ferdinand, MD
8:30 AM - 9:35 AM	Tackling the Disproportionate Burden of Resistant Hypertension in Black Adults: Perspectives & Advances - Overcoming Barriers to Hypertension Control and Cardiovascular Disease: We Need to Do Better - Resistant Hypertension: Definitions, Current Treatment and Emerging Approaches <i>Supported by an independent medical educational grant from Medtronic.</i>	Keith C. Ferdinand, MD Debbie Cohen, MD
9:35 AM - 10:05 AM	Sleep and Hypertension: A Two-Way Street	Virend K. Somers, MD, PhD
10:05 AM - 10:35 AM	The Role of Steroidal and Non-Steroidal MRAs in Cardiorenal Risk Reduction	Ajay K. Singh, MBBS, FRCP, MBA
10:35 AM - 10:50 AM	Refresh and Recharge Break	
10:50 AM - 11:10 AM	Which Patients Should Get SGLT2is and GLP-1 RAs for Cardiorenal Risk Reduction? Interpreting Guidelines and Clinical Trials to Patient Care	Pam R. Taub, MD, FACC, FASPC
11:10 AM - 11:30 AM	The Continuum of Heart Failure	Alanna A. Morris MD, MSc, FHFSA, FACC, FAHA
11:30 AM - 12:30 PM	Challenging Cardiorenal Cases & Expert Panel Discussion	Moderator: Keith C. Ferdinand, MD Panelists: Debbie Cohen, MD; Alanna Morris MD, MSc, FHFSA, FACC, FAHA; Ajay K. Singh, MBBS, FRCP, MBA; Virend K. Somers, MD, PhD; Pam R. Taub, MD, FACC, FASPC